

POWER FOR PROGRESS



Women's Empowerment Summit

in conjunction with Equal Pay Day

Saturday, April 6, 2019, 8:30 am - 3:00 pm

Park Inn by Radisson, 101 N Summit St., Toledo

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Photos by Yvonne

Women's Empowerment Summit POWER FOR PROGRESS

SATURDAY, APRIL 6, 2019 | 8:30 AM TO 3:00 PM | PARK INN BY RADISSON

8:30 to 9:15 am	Check In	Registration Open Continental Breakfast, Open Networking, Women's Expo			Vistula Room and Ballroom Lobby
9:15 to 9:30 am	Opening Remarks	Welcome and Acknowledgements The Equal Pay Movement - Senator Teresa Fedor			Grand Ballroom
9:30 to 10:15 am	Panel Forum	Panel Forum Advocacy: Equality vs. Equity			Grand Ballroom
10:15 to 10:30 am	Tutorial	Tutorial: HerHub Live!			Grand Ballroom
10:30 to 11:15 am	Breakout Session I	Grand Ballroom	Waynesfield	Eagle Point	My Selection:
		Roundtable: Economic Sustainability Pg. 7	Presentation: Civic Network Leadership Pg. 11	Lecture: International and Cross-cultural Perspectives Pg. 11	
11:15 to 11:30 am	Break	Women's Expo			Ballroom Lobby
11:30 am to 12:15 pm	Breakout Session II	Grand Ballroom	Waynesfield	Eagle Point	My Selection:
		Panel Dialogue: Women Mean Business Pg. 13	Workshop: The Power in Numbers Pg. 15	Story Lab: Feminism through Storytelling Pg. 15	
12:30 to 1:30 pm	Lunch	Activity - Networking Fish Bowl Period: End of Sentence (26 min film) 2019 Oscar Winner for Best Documentary Short			Grand Ballroom
1:30 to 2:30 pm	Talk Show	Breaking the Stigma. Period.			Grand Ballroom
2:30 to 3:00 pm	Closing	Acknowledgments and Calls to Action			Grand Ballroom

Mindfulness & Wellness
open 10 am -1 pm
Greenville Room

MINDFULNESS AND WELLNESS ROOM

Open 10:00 am - 1:00 pm

Guided Imagery – using your imagination to assist your mind & body to stay well or perform well – a kind of directed daydream (definition by B. Naperstek).

Mindfulness – exercises and/or breathing techniques to keep you in the present moment, focused.

Parts Integration – an exercise to help you move forward from a problem and let go of unneeded negativity through neuro-linguistic programming (NLP).

Reiki is safe and natural form of energy work that is used for stress reduction, relaxation, and healing. Reiki is performed as a gentle, “laying of the hands” to channel energy.

Coach Karen Kiemnec

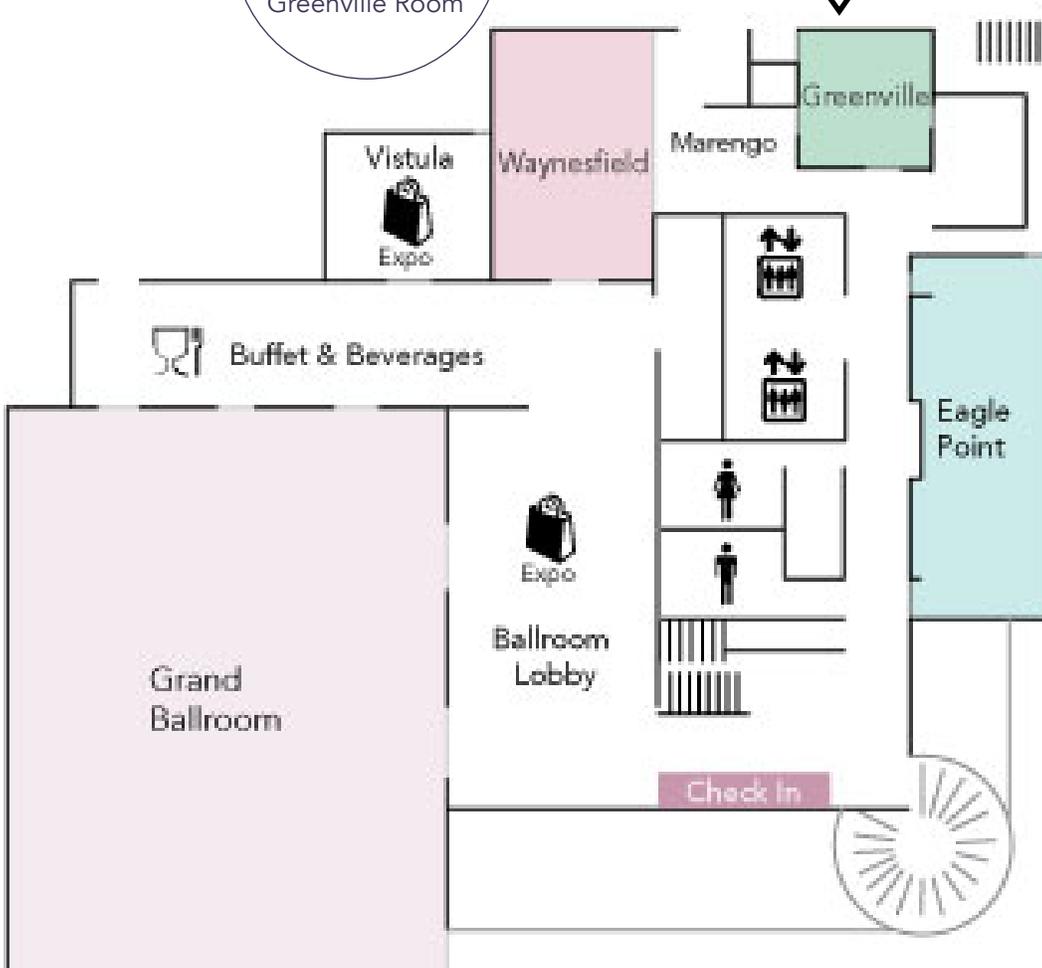
Karen has spent most of her life in careers assisting others. She is currently accredited in the Journey Method - a globally recognized and critically acclaimed healing and transformational process to awaken you to your true potential. Working with predominantly women, Karen loves to see their faces as they release old issues and hurts. She and her husband have four children and four grandchildren, two cats and a retired greyhound. She loves to read, do paper crafts, travel, and meet new people.

Coach Rhonda Long

After early years in social work and then as a business owner, Rhonda was called to her healing profession. She became Level 2 certified in Reiki then stepped into her dream career after becoming certified in the highly respected **Leadership That Works** program, “Coaching For Transformation.” She was trained under the direction of one of the founders for this holistic based coaching modality that helps people awaken their innate gifts and access inner awareness for a more balanced life using the mind-body-spirit foundation. She is currently conducting monthly workshops called “Create Your Best Life” in Sylvania.

Mindfulness & Wellness

open 10 am -1 pm
Greenville Room



Index

Wellness Room	3
Opening Remarks	5
Equality vs. Equity	5
Her Hub Live	6
1A- Economic Sustainability	7
1B-Civic Network Leadership	11
1C- International and Cross-cultural Perspectives	11
2A-Women Mean Business	13
2B- Feminism through Storytelling	15
2C- Power in Numbers	15
Talk Show	17
Closing	17
Committee	19
Volunteers	19
Exhibitors	19
Worksheet	20



Whether you're a tech founder or a traditional small business owner, JumpStart wants to help you grow!

DID YOU KNOW WE'VE EXPANDED OUR WORK IN NORTHWEST OHIO?

Not only are we working through NextTech to assist tech entrepreneurs; we've also launched new efforts to help non-tech small business owners across the region. Wherever you are in your entrepreneurial journey, we can help!

HELP FOR TECH STARTUPS

Through the NextTech program (now managed as a part of JumpStart), we advise and support Northwest Ohio tech founders as part of the Ohio Third Frontier's entrepreneurial services provider program (ESP), collaborating with the programs four other partners—ProMedica Innovations, Mercy Health, University of Toledo and Bowling Green State University.

SERVICES INCLUDE:

Mentoring
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Talent Recruiting
Connections to Capital

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HELP FOR NON-TECH BUSINESSES

For non-tech small business owners, JumpStart offers a variety of free business assistance services with support from KeyBank Foundation, ProMedica, Toledo-Lucas County Port Authority and others.

SERVICES INCLUDE:

One-on-one Business Advising
Intensive Business Assistance Programs
Cohort-based & Topic-specific Workshops
Connections to Funding Opportunities

Women's Empowerment Summit Speakers & Presenters

Saturday, April 6th 2019 | 8:30 am to 3:00 pm
The Park Inn by Radisson

9:15 am to 9:30 am
Grand Ballroom

Welcome and Acknowledgements

Opening Remarks **Equal Pay Movement** Ohio Senator Teresa Fedor

State Senator Teresa Fedor is a Democratic member of the Ohio Senate, representing the 11th District. She returns to the Senate, where she previously served from 2002-2010, following eight years as the Ohio Representative for the 45th and 47th House Districts. Throughout her legislative career, Senator Fedor has championed responsive and responsible government. She brings with her both expertise and an accomplished body of legislative work focused predominantly on education, health care, and human trafficking where she is considered the state's preeminent legislative voice in the fight to combat it.

9:30 am to 10:15 am
Grand Ballroom

Panel Forum

Advocacy: **Equality vs Equity**

Despite some folks understanding "equality" and "equity" as synonyms basically meaning the same thing, some have come to understand these terms to indicate pretty significantly different concepts. The diverse thinker/activists on this panel will discuss their understandings of these terms and offer suggestions and advice about why this difference matters, at home, at work, in school, and in a variety of other contexts.

Dr. Sharon Barnes, UT Women's & Gender Studies Chair

Sharon L. Barnes, PhD, is an Associate Professor and Chair of the University of Toledo's Department of Women's and Gender Studies in the College of Arts and Letters, where she teaches courses on gender in American society, global women's issues, and a variety of courses in the Department's Sexualities Studies concentration. Her current research interests include women in the wilderness, women's spirituality, feminist thought and culture, and 20th C. American women poets, with a special emphasis on women of color, lesbians, and working-class women.

In addition to her work at the University, she founded the "Uppity Women's Poetry Workshop" and is a long-time member of Toledo's Take Back the Night Collective.

Reem Subei ABLE LAW

Reem Subei is an attorney at Advocates for Basic Legal Equality (ABLE). At ABLE, she develops impactful advocacy projects and implements litigation strategies to ensure access to education for all and equitable housing and economic development for disenfranchised individuals and communities. Reem is also the Co-Chair of the Welcome Toledo-Lucas County (TLC) Steering Committee. Welcome TLC works to build a welcoming and inclusive community for immigrants, refugees, and people of diverse cultures. Before joining ABLE, Reem was an attorney at the American-Arab Anti-Discrimination Committee (ADC), where she focused on combating institutional discrimination against Arabs in the areas of immigration, education, employment, and police enforcement.

Lisa McDuffie, CEO -YWCA

Lisa McDuffie is the President/CEO of YWCA of Northwest Ohio, serving the agency for 21 years. She works to ensure the empowerment of women and the elimination of racism is addressed in all mission-based YWCA programs. Lisa has a Master's degree in Social Administration from Case Western Reserve University and Bachelor's in Social Work from Findlay College and is a Licensed Independent Social Worker with Supervision status by the state of Ohio. She has been extremely active on various boards and committees such as the Governor's Appointment to the Ohio Children's Trust Fund Board and Promedica Board of Trustees; the Toledo Chapter of the LINKS, Inc.; Alpha Kappa Alpha Sorority, Incorporated; Zonta Toledo Club I; and Downtown Rotary.

Brittany Ford, Policy Analyst & Welcome Toledo-Lucas County

Brittany Ford is a Policy Analyst with Lucas County Planning and Development, the County's workforce and economic development department. Since 2013, her main project is serving as co-lead of Welcome Toledo-Lucas County, or Welcome TLC, a cross-sector network of community partners building a more welcoming and inclusive community for immigrants, refugees, and people of diverse cultures. Brittany earned her Master of Arts in International Education from Columbia University's Teachers College in New York City and her Bachelor of Arts in History and Political Science from Eastern Michigan University.

Moderator: Brigette Burnett, Buckeye
Broadband-Daily Downtown

Brigette Burnett has an original way of captivating audiences through her emotionally-driven reports. She is an award-winning journalist with a true passion for helping people. Most recently, you have seen her on the jumbotron in downtown Toledo as the host and producer of Daily Downtown. Prior to that, Brigette served as a General Assignment Reporter at 13abc, covering breaking news, feature reports and sports during the evening newscasts. Using those skills, she has interviewed celebrities such as Earvin "Magic" Johnson, Sally Field, Erica and Warryn Campbell, Tichina Arnold and American civil rights activist Jesse Jackson. Currently, Brigette serves on the board of Standing Courageous, Inc., which works to end the epidemic of domestic and interpersonal violence through education and awareness.

10:15 am to 11:00 am
Grand Ballroom

Tutorial

419HerHub.org

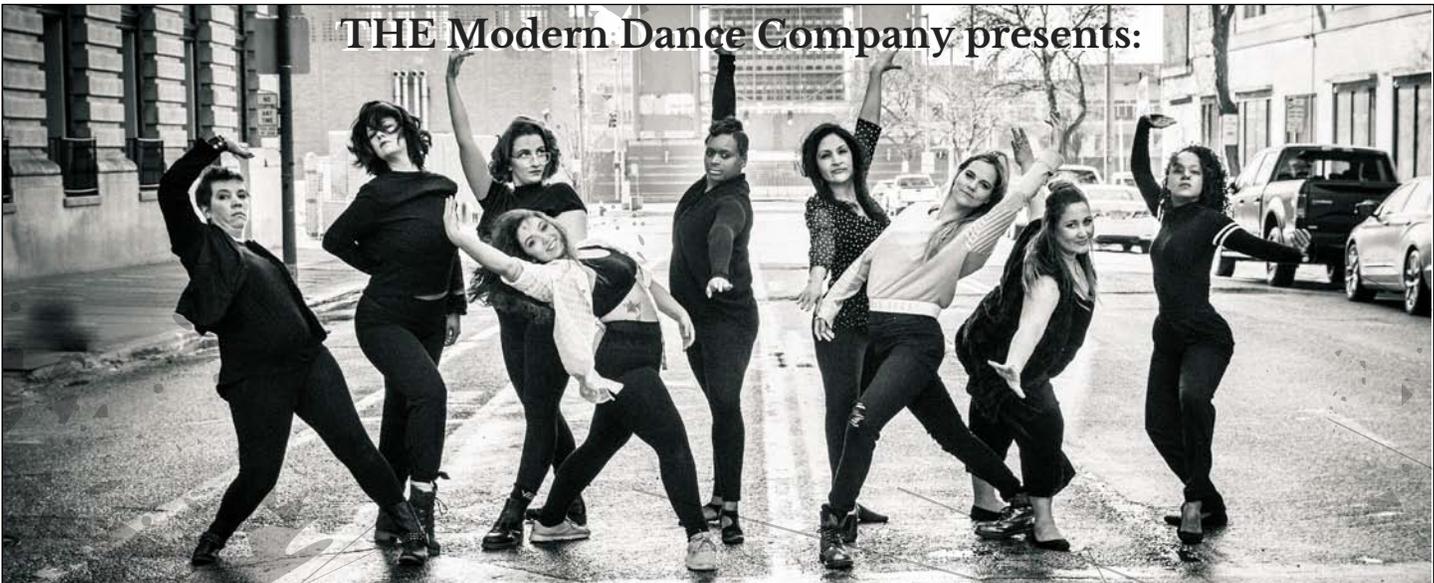
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<<Summary>>



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Breakout Session 1-A: Roundtable

Economic Sustainability

Women make enormous contributions to economies either as entrepreneurs or corporate executives. These experiences create substantial opportunities; research shows that when a women's economic status improves, it impacts her household, work space, and community. But discrimination against women limits their participation in shaping economic policies. The investment in women's economic empowerment directs a path towards gender equality, intersectional advancement, and social progress. Respecting our diverse identities and privileges as women allows us to ensure that women and youth of all identities have a space and voice to determine their agendas and work toward economic sustainability.

Meet our **Power of 10** and discuss how we can do better here in Greater Toledo.

Moderator

Traci Hernandez, DGL Engineering

Traci Hernandez is a marketing and business development executive with over two decades of experience in the architectural, engineering, and construction industry. She earned a reputation for providing realistic approaches and resources to develop solutions for her clients and partners. Traci joined DGL Consulting Engineers as a Director, and before that, she worked with Albert Kahn Associates. Traci believes in giving back and serves the community in numerous leadership roles. Traci is passionate about equality and empowering women to reach their individual potential and goals. She is also heavily engaged in our region's economic development efforts, both professionally and personally. Traci moved back to her hometown of Woodville, Ohio with her husband Mike and their two children (Logan and London).

Table Leads

Ambrea Mikoljchak, ARK Restoration

Ambrea Mikolajczyk is a creative Christian mother of 4 who wears multiple hats: real estate developer, property manager, owner of a construction company, and motivational speaker. After 15 years in corporate America, Ambrea left to pursue her passion of restoring old architecture full-time with her husband, Kevin. ARK Restoration & Construction specializes in construction management services, masonry, carpentry, residential and commercial renovations both big and small. To date they have renovated over 15 homes and buildings throughout Toledo and the surrounding areas. ARK is a minority-owned business and takes an individualized and personal approach to exceed clients' expectations with honesty and integrity. Ambrea strives to make the world a better place one building at a time.

Dr. Hope Mitchell, Mitchell Dermatology

Dr. Hope Mitchell is the founder of Mitchell Dermatology. She is a highly qualified, experienced, Board Certified Dermatologist who has enjoyed practicing Dermatology in the Perrysburg area since 1998. She attended the University of Rochester and the Medical College of Ohio, receiving her Medical Degree and completing a Pathology Fellowship at MCO; She completed her residency training at Henry Ford Hospital in Detroit. Dr. Mitchell is a member of the American Academy of Dermatology, the Better Business Bureau, Perrysburg Chamber of Commerce and the Toledo Regional Chamber of Commerce. Dr. Mitchell is a talented and compassionate physician. She enjoys gardening, antiquing, and spending time with her husband and four children.

Beatriz Jimenez, Director Organizational Development & Learning, Dana Inc.

Beatriz Jimenez serves as senior director of global talent management and diversity and inclusion for Dana. In this role, she champions diversity and inclusion initiatives and works to advance a culture where employees' ideas and perspectives are heard and valued. In 2009, Beatriz joined Dana as human resources country lead for Dana Mexico responsible for leading HR initiatives across all product and functional groups in the region while also supporting Dana's overall HR transformation efforts. She has previously served in several key roles involving labor relations, training, and organizational development for Grupo ADO and General Motors. Beatriz earned a Bachelor's degree in industrial relations from Universidad Iberoamericana and a Master's degree in organizational development from Bowling Green State University.

Sarah Allan, Toledo LISC

Sarah Allan is a Program Officer for the Local Initiatives Support Corporation (LISC) Toledo office where she supports neighborhood revitalization efforts, focusing on commercial, real estate, and small business development, and creative placemaking. She also co-leads Welcome Toledo-Lucas County (TLC), an immigrant integration initiative. Previously, Sarah worked with the Greater West Town Community Development Project in Chicago and volunteered with the Peace Corps in Guatemala. She earned her Master's in Social Service Administration from the University of Chicago and a Bachelor's in Women's Studies from the Ohio State University. She is an advisory board member for The Ohio Theatre, and she formerly served on the United Way of Greater Toledo's Board and Community Impact Cabinet. Sarah is a Toledo native and enjoys reading, practicing yoga, and being with family.

Toledo Lucas County
Health Dept

J Woods



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Dr. Elizabeth Julius, Chiropractor

Dr. Elizabeth Julius received her Bachelor's in Sports Medicine and Athletic Training at Mercyhurst University in Erie Pennsylvania. She then trained at Palmer College of Chiropractic in Port Orange, Florida, focusing on techniques developed by chiropractic innovators. She is an active member of ICPA and a Webster's trained chiropractic provider. Dr. Julius has provided care for the Special Olympics, Salvation Army Outreach projects, and abroad in India. Dr. Julius has enjoyed educating friends and family about the benefits of chiropractic care ever since her first treatment. She is passionate about providing care for and guidance about healthy lifestyles to patients.

Emily Avery, VP, United Way of Greater Toledo

"We can judge others, or we can love others, but we can't do both at the same time;" a quote Emily lives by. With a passion to create equality and access across our community, Emily has worked with United Way for twelve years to help bring this to life. Currently serving as the Vice President of Strategic Partnerships, she strives to mobilize community members toward positive partnerships and change. Emily also serves on YWCA's Racial Justice Committee, Toledo Community Coalition's Dialogue to Change Committee, the Diversity Roundtable, has served as an advocate for the ABLE Ombudsman program, and engages in other community change initiatives across our city. Emily also has two wonderful daughters and an incredibly supportive husband who allow her to fulfill her passion for community change.

Kara Maruszak, Labor and Employment Specialist, Owens Corning

Kara Maruszak is dedicated to advancing diversity and inclusion initiatives on the community and corporate levels. She keeps her positive spirit moving forward, leading the Owens Corning Women's Affinity Group, a network of over 400 members in 6 countries. Kara holds a Bachelor's Degree in Accounting from Heidelberg University and a Master Degree in Business Administration and a Juris Doctor from the University of Toledo. She is passionate about volunteering and currently serves on the University of Toledo College of Law Alumni Affiliate Board and the Marathon Classic Women's Summit Committee. In her free time, she enjoys traveling and spending time with her dog and two horses.

Edward Jones

Dr. Amanda Bryant-Friedrich

Dr. Amanda Bryant-Friedrich, associate professor of Medicinal and Biological Chemistry, loves working with students. Since joining the CPPS in 2007 she has mentored seven graduate students from six different countries and almost twenty undergraduates. In addition to her dedication to the training of students, her leadership role as president of the Northwest Ohio Chapter of the Association for Women in Science (AWIS) is an example of her strong advocacy for diversity in the sciences. Dr. Bryant-Friedrich plans to continue to actively recruit from these diverse populations as she continues her work in cancer etiology and embarks on new projects to design and develop new anti-viral agents.

Laura Prill, Dana

Laura Prill is a motivating and inspiring leader, with experience in the Toledo area's fortune 500 companies. Laura is currently a Customer Operations Manager and chair of the women's network, DAWN, at Dana Inc. Laura is always challenging the status quo and thinking forward to prepare for what comes next. She recently launched #FEARLESS, an empowerment campaign through DAWN that engages and encourages women and male allies to reach out openly and candidly, share feedback with each other, and fearlessly pursue their goals. In her spare time, Laura can be found on her Peloton bike or at the gym. She believes "it's what you do and how you treat people every day that matters, not what you do every once in a while."

Melissa Hallenbeck, Health Educator, Toledo-Lucas County Health Department

Melissa Hallenbeck works as a Health Educator for the Toledo-Lucas County Health Department (TLCHD). She has worked in the field of Social Service and Public Health for the last 16 years with a focus on women, families, and children. While working at the TLCHD, Melissa's work has focused primarily on Policy, System, and Environmental Change. Such projects include Eat Fresh Live Well healthy corner store initiative as well as infant mortality and pre-conception health with Healthy Start and Maternal Child Health Grants. Melissa's current projects include educating families and the public about SUID prevention and safe sleep as well as engaging with work-sites to facilitate and implement policies and activities for women's wellness. Melissa has a passion for public health and social well-being of all people and society. She is a board member of the Eleanor Kahle Senior Center, former Chair and President of Safe Kids Greater Toledo, and volunteers her time as a Sunday school teacher at her church. In her spare time Melissa likes to watch documentaries, crochet, garden, and host game nights.



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10:30 am to 11:15 am
Waynesfield Room

Breakout Session 1-B: Presentation

Civic Network Leadership

We have no shortage of effort directed towards the common good in our local community. Yet, we still face “wicked” problems, like homelessness, low educational attainment and poverty. Why is that? And is there a better way to use our public, charitable and human resources to address these challenges? The most promising solutions – the ones with the power to solve our problems at scale – are those that come out of highly functioning networks with leaders who exhibit the behaviors that make them thrive. The key to successful community change is held by those who understand how to effectively strengthen and influence the networks within their civic ecosystem. This workshop will highlight the strategies of civic network leaders and show how women are uniquely positioned to exercise this powerful form of civic leadership.

Anneliese Grytafey, Vice President, Strategic Initiatives & Grantmaking, Toledo Community Foundation

Anneliese Grytafey is the Vice President of Strategic Initiatives & Grantmaking at the Toledo Community Foundation. She oversees the distribution of grants to area nonprofit organizations and helps manage strategic projects that catalyze community change. Anneliese started her career as a legal services attorney at Legal Aid of Western Ohio and has held positions at Advocates for Basic Legal Equality, the Regional Growth Partnership, and the Economic & Community Development Institute. She was awarded a certificate of completion from the Senior Executives in State and Local Government program, Harvard University, John F. Kennedy School of Government. She was thrilled to serve as a TEDxToledo 2018 speaker and loves living in Toledo’s Old West End with her husband, Toby, who lovingly tolerates her four cats.

10:30 am to 11:15 am
Eagle Point Room

Breakout Session 1-C: Lecture

International & Cross-Cultural Perspectives

In this session, the two presenters will firstly overview the history of Toledo as a hub for vibrant cultural exchanges among diverse populations. Specifically, they will depict a demographic picture of internationals in the University of Toledo student body. Then through an interactive activity “Who Am I?”, the presenters will further direct the conversation to the topics of changing perspectives, cultural stereotype, and micro-aggression, aiming at enhancing the audience’s cultural sensitivity and diversity awareness.

Lastly, the presenters will share some pragmatic strategies that would help people from different socio-cultural groups respectively and effectively communicate with each other.

Dr. Ting Li, University of Toledo – Center for International Studies and Programs Curriculum Coordinator/ Instructor-American Language Institute

With an academic background in educational psychology and cross-cultural education, Dr. Li began to serve as a program coordinator for American Language Institute, the Intensive English Program at the University of Toledo in 2014. Her research interests focus on educational equality for marginalized social groups such as women and first-generation immigrants, validating living and learning experience of international community members, and characteristics of worldwide educational exchanges. Dr. Li was born and raised in a beautiful coastal city in China. She came to the U.S. to pursue her advanced degree in 2009. She has earned a doctorate degree in Educational Leadership, a master’s degree in Educational Psychology, and a master’s degree in TESOL. Her unique experience as a woman with international background provides her insights and enthusiasm in actively working with marginalized local communities.

Tracey Hidalgo, University of Toledo Center for International Studies and Programs, Manager Immigration Compliance

Tracey has been working with international students, scholars, and employees (population size approximately 2000) at the University of Toledo for over four years. In addition to her daily role as the Assistant Director where her responsibility is to oversee the Office of International Student and Scholars Services, she is also the staff advisor for three international student organizations. Tracey has seen both sides of the immigration field as she came to the United States as an F-1 student almost 15 years ago, and has gone through several non-immigrant, and immigrant processes in the U.S. Immigration is not just a job for Tracey; it is a way of life. Tracey is from the Caribbean, her husband is from South America, and family members hail from other areas such as Europe. At family gatherings, you can hear English in different accents, Spanish in different accents, and German. She looks forward to continuing her exciting career working in the International Education field.



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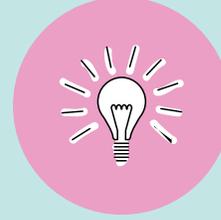


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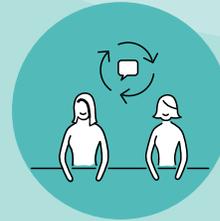
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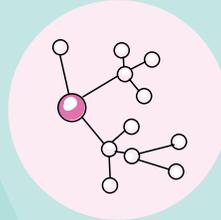
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Breakout Session 2-A: Panel Dialogue

Women Mean Business

This facilitated panel discussion is all about women taking bold action both in their personal and professional life to define success on her own terms. Our panel of diverse and successful women leaders share the joys and challenges of their leadership journey - the progress made, what still is to be accomplished and what keeps them moving forward by empowering self and others. This engaging and empowering panel means business and ready to share with you.

Moderator: Brandi Walerius, Black & White Consulting

Brandi Walerius, MBA, PHR, is the founder of Black & White Consulting, a Human Resources & Professional Development firm. With over twenty years' experience developing policies and procedures, processes and systems, and training and development programs, she is wildly passionate about propelling productivity, potential, and purpose for businesses and individuals. As an active community advocate, Brandi enjoys serving as a Board Member for the United Way Women's Initiative and as a Facilitator for Women of Toledo. When she's not transforming ideas and thoughts into printed words, she is living happily ever after, drowning in testosterone with her husband and two sons in Northwest Ohio. Her phrase for 2019 is "do all things with joy."

Katy Crosby, Chief of Staff, City of Toledo

Catherine "Katy" Crosby serves as the chief of staff for the City of Toledo where she works to oversee the city operations and advance Mayor Wade Kapszukiewicz's policy agenda. Prior to this role, she served as the executive director of Dayton's Human Relations Council reporting directly to the mayor and city commissioner. Her experience includes civil rights enforcement in housing, employment, public accommodation and credit; capacity building for small businesses to include diversity and



Brandi Walerius, MBA, PHR
Human Resources &
Professional Development Strategist
brandi@bwdevelop.com | 419.276.1010

inclusion programs; community relations programs that focus on immigrant integration, reducing violence, and improving the relationship between the community and police. She is a native of Cleveland, and she holds a BS in accounting from Wilberforce University and an MPA from Wright State University.

Natalie Colón, JDog Junk Removal

Natalie Colón is a first-generation Puerto Rican born and raised in Chicago, Illinois. A veteran of the U.S. Army, co-mom, and wife, she has worked in male-dominated careers to support her family. She holds an Associates Degree in electronics technology and a Bachelor's Degree in technical management. She landed roles in the oil and gas industry and most recently served as the only female laser field service engineer of an international organization. Currently, as managing partner of JDog Junk Removal and Hauling Toledo, her journey has been one of personal courage, and her mission is of service to others through empowerment and motivation.

Sabrina Weaver, Owens Corning

Sabrina Weaver moved to the Toledo area in 2012 after growing up on the east coast and living in New York and California. Ms. Weaver has held various strategic financial leadership positions with Owens Corning, Owens-Illinois, ANN Inc, Arrow Electronics, Hilton Hotels and Morgan Stanley in Corporate Finance, Mergers and Acquisitions, Investor Relations, Real Estate Finance and Financial Planning and Analysis. Sabrina is passionate about making a difference in people's lives and has previously served on the boards of Women in Manufacturing and Downtown Perrysburg Inc. She also led efforts to foster a more diverse and inclusive culture at Owens Illinois by launching the company's first employee resource group, Women@O-I. Currently at Owens Corning, Sabrina works in Treasury, Credit Risk Management and most recently elevated their Women's Inclusion Network while leading the group in 2018. Ms. Weaver holds a Bachelor of Science in economics from Massachusetts Institute of Technology and a Master of Business Administration from Stanford Graduate School of Business.



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11:30 am to 12:15 am
Waynesfield

Breakout Session 2-B: Workshop

The Power in Numbers

How to Achieve Financial Success

Alyson and Erin will discuss the "Power in Numbers" regarding budgets, credit, and common mistakes made in the world of finance.

Alyson Timmons, Directions Credit Union

Alyson Timmons is a Community Outreach and Financial Education Coordinator at Directions Credit Union. Prior to working at Directions Credit Union Alyson attended the University of Toledo where she received a bachelor's degree in Business. Born and raised in Toledo, Alyson enjoys spending time with her friends, family and her five-year-old beagle mix Lily, who she spoils beyond reason. Reading self-help and motivational books is a new hobby, as well as staying active, either at the gym or playing sports.

Erin Hagedorn, Directions Credit Union

Erin Hagedorn is a Community Outreach and Financial Education Coordinator at Directions Credit Union. Prior to working at Directions Credit Union Erin attended Adrian College where she received a bachelor's degree in Business. Erin married her high school sweetheart Matt, and together they have two beautiful children, Elsie and Fintan. Outside of work Erin enjoys spending time with her family and friends and crafting whenever possible.

11:30 am to 12:15 am
Eagle Point Room

Breakout Session 2-C: Story Lab

Feminism Through Storytelling

Storytelling has long been a tool of feminist organizing – sharing and listening to the experience of others as a way building bridges and highlight the different ways women live and experience oppression. In this 45 minute breakout session, we will explore the roots of our feminism through storytelling and discover the empowerment that comes from sharing those stories.

Facilitators:

Rebecca Stanwick, Librarian, Humanities Department, Steinem Sister Collection

Rebecca is an Adult Services Librarian and the Head Librarian for the Steinem Sisters Collection, Toledo Lucas County Public Library's new Feminist Collection. She is currently working on her Ph.D. in the Social Theory of Education and Art Education.

Cami Szirotnyak Director Research & Quality, MHR SB, Steinem's Sister President

Cami Roth Szirotnyak is an intersectional feminist, policy entrepreneur, quality improvement practitioner, and life designer. She serves as the Director of Planning and Quality at the Mental Health & Recovery Services Board of Lucas County, and is a member of the Steinem Sisters Collective at the Toledo Lucas County Public Library. She received a Master of Arts in Public Policy and Administration from Northwestern University. Cami is founder and owner of MillienniAlign, a personal and professional coaching service for Millennials.



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People Finding A Better Way®

1:30 pm to 2:30 pm
Grand Ballroom

Feature

Talk Show: Women Making Progress Breaking a Stigma

<<Overview .fjaheian ; lk and fh;aoe thtey ene hwei;o went to ehw erih ;oaisen;a;goi so;teonw tand tofudn sk theo anoi na; ost ;ogiang;goan sndlriuhaf efna;os nlfii >>

Host: Veralucia Mendoza



Veralucia Mendoza is a Queer, Afro-Indigenous migrant from Peru who has lived in Toledo since 2001. She has years of local community organizing experience, and regional and national rapid response organizing through political hubs such as Mijente. She earned a Graduate Certificate in Financial Management from Cornell University's SC Johnson College of

Business and has a Communication background from The University of Toledo. Vera has been featured in national platforms such as NPR, Splinter, and has been locally highlighted as a Toledo change-maker. She is the Secretary of the Office of Diversity and Inclusion at the University of Toledo.

Claire Coder, Aunt Flow



Claire Coder is the founder and CEO of Aunt Flow. On a mission to ensure everyone has access to menstrual products, Aunt Flow stocks hundreds of companies across the world with their 100% organic cotton tampons and pads. Coder launched her first company at age 16, designed a bag for Vera Bradley that sold out in 24 hours, and has her own line of GIFs. The 21-year-old founder has been featured in TeenVogue, Forbes, and starred in TLC's Girl Starter Season 1. When she is not

jamming out to Macklemore, she is pretending like she knows how to run Google ads. clairecoder.com

Nadya Okamoto, Period



Nadya Okamoto, grew up in Portland, Oregon, and is a 20-year-old Harvard student. She is the Founder and Executive Director of PERIOD, an organization she founded at the age of 16. During high school, her family experienced what it was like to live without a home of our own. During this time, she thought about the balance and spectrum of privilege around her, and connected with homeless women who were in much worse living situations than she. Hearing how periods

were one of their biggest challenges pushed her to realize that menstrual hygiene is a right and not a privilege.

In 2017, Nadya ran for office in Cambridge, MA, and while she did not win, her campaign team made historic waves in mobilizing young people both on the ground and at polls. Nadya recently released her book *Period Power: A Manifesto for the Menstrual Movement*, with Simon and Schuster Publishers.

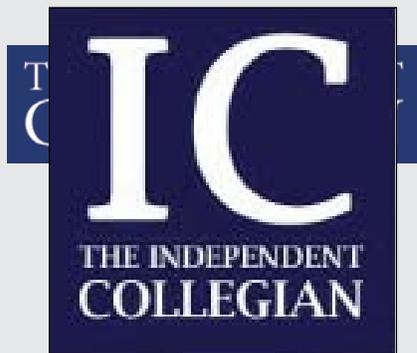
Nadya is a leading speaker about The Menstrual Movement, the power of Generation Z and youth activism, overcoming adversity, and how she turned her experiences into a platform for advocacy. She is currently on leave from Harvard to focus on scaling PERIOD, and accepting more speaking engagements.

2:30 pm to 3:00 pm
Grand Ballroom

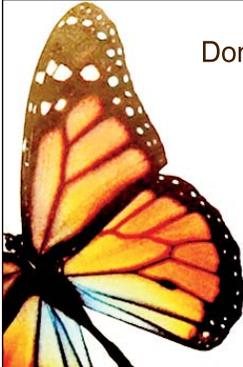
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Vanessa Badillo, Dana

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Women's Empowerment Summit Women's Expo

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Cure Bar, Get and Give
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Picture this Picture Booth, Entertainment-Superhero Photo Booth
Planned Parenthood of Greater Ohio / Planned Parenthood Advocates of Ohio
Primerica Financial Services, Raffle & Drawing for Gift
Photographic Forté, \$25 Professional Headshot JPEG or \$50 for a set of digital files
The Chamber Partnership, Membership Networking Organization
The Eberly Center for Women & Minority Business Center, Univ. of Toledo
The Toledo Health Department, Nonprofit/Community Organization
Victim Witness Assistance Program, Toledo/Lucas County
Women of Toledo, No Women Left Behind giveaways
Women's Business Empowerment Connection, Women's Group

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